

ASfAR Online Showcase Event 2025: Career Trajectories & Autistic-Led Autism Research by Autistic Researchers

 Thursday 4th December 2025
 12-3pm Melbourne/Sydney time
(follow this [link](#) for other time zones)

Link to register for the event [HERE](#)

Keynote speaker

Kana Grace



Feeling Like a Stranger in My Own Country and Language: Living and Working with Multiple Neurodivergences and Chronic Pain

Kana's talk will share her personal and professional journey across Japan, the US, the UK, and Okinawa, reflecting on her mental and physical health challenges along the way. She will also present findings from her recently published paper on loneliness in autistic adults: "Trapped in a No-Win Situation": A Qualitative Exploration of Autistic Adults' Experiences of Loneliness.

Brief Bio

Dr Kana Grace is a practitioner, educator, and researcher currently self-employed at Valtameri, based in Okinawa, Japan (<https://www.valtameri-grace.com>). She is multilingual and completed her Bachelor's and Master's degrees in Boston, US, before earning her PhD in Psychology at the Centre for Research in Autism and Education (CRAE) at University College London, UK. She was recently featured in Daniel Tammet's book *Nine Minds*.

Image description: A smiling person with shoulder-length dark brown hair is standing in front of a wooden wall, holding a small grey and white dog with a pink collar. The person is wearing a light green top with ruffled sleeves.